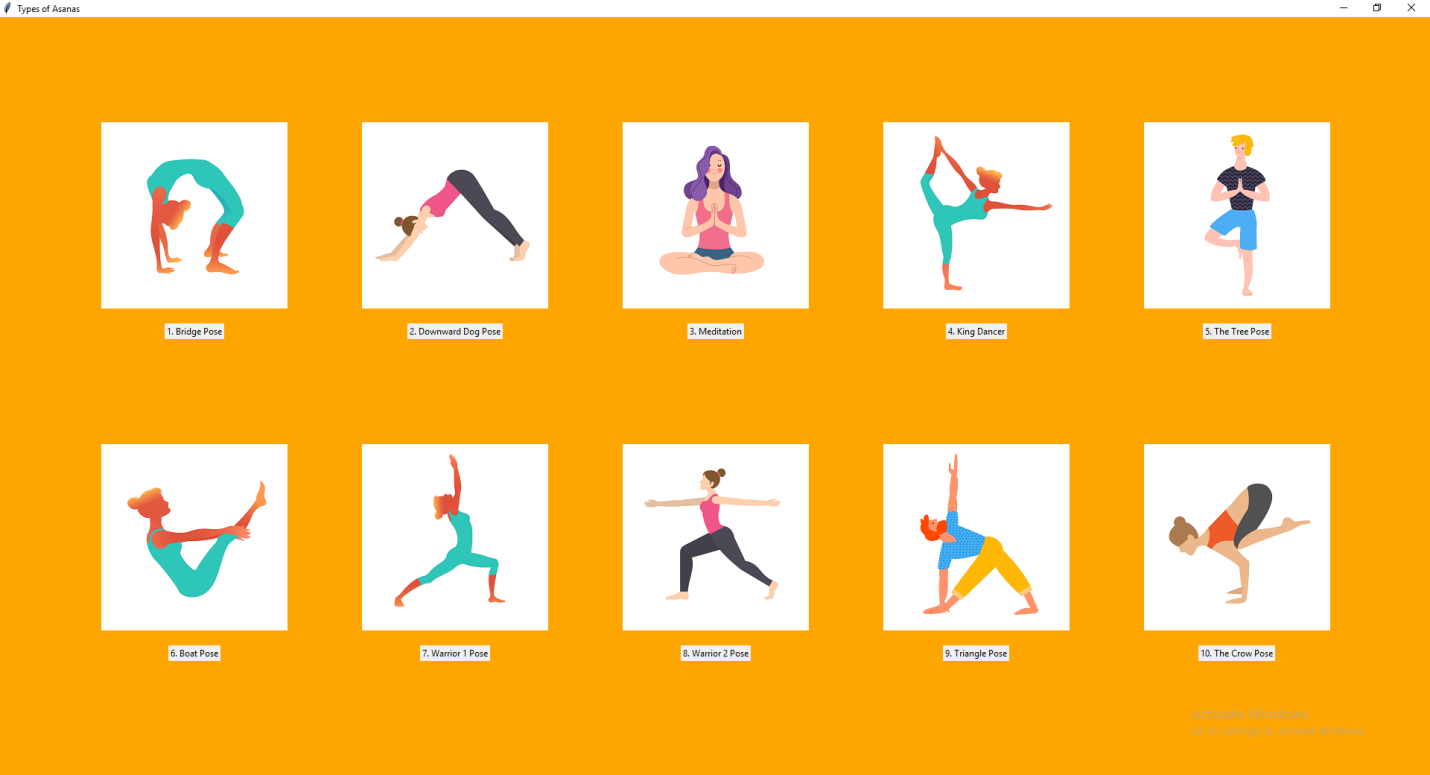




1. Type of Asanas



1. Advantages of Yoga

